





# THE TRAILS


10 trails • 14.54 miles of hiking


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**MASHBURN FAMILY DISCOVERY TRAIL (0.72 Mile, Easy, All-Accessible)**  
This trail is designed for persons of all abilities. It features interactive exhibits to enhance your understanding of the natural world.
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**EDGE TRAIL (0.66 Mile, Easy)**  
Serves as a connector trail to several other trail options while meandering around Powel Crosley Lake.
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**WHITETAIL TRACE (1.22 Miles, Easy)**  
Offers a beautiful field, a gentle meander along Avey's Run, and a pleasant view of a waterfall.
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**UPLAND TRAIL (1.34 Miles, Easy)**  
Encompasses the core of our property, including the historic Krippendorf Lodge, the Herb Wall, and historic pool.
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**WILDFLOWER TRAIL (1.13 Miles, Moderate)**  
Winds through our old growth forest, around the valley field along Avey's Run, and back up to the ridgetop.
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**GEOLOGY TRAIL (1.33 Miles, Moderate)**  
Possesses several climbs, 195 stair steps, a historic Pump House, and stream crossings.
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**LOOKOUT TRAIL (2.27 Miles, Moderate)**  
This trail winds through the grassland and into young forest. A side trail leads to a shelter providing a place to relax.
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**FAR RIDGE TRAIL (1.4 Miles, Difficult)**  
Explore the further reaches of our property on this quiet loop trail. At the top, take a tangent trail to Harmony Ridge, a hammock hangout.
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**FERNWOOD TRAIL (1.54 Miles, Difficult)**  
This trail takes you past the historic Groesbeck Estate, crossing hilltops where you can catch a scenic view of the valley and wetland below.
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**REDWING TRAIL (2.93 Miles, Difficult)**  
Old fields, woods, streams, a restored wetland, and native grassland will be yours to discover on our longest trail.



# TRAIL RULES

and conservation ethics

**YOUR ACTIONS MATTER**  
Our trail rules are supported by scientific research and based on a respect for nature and other visitors. We preserve the ecology of this unique place for you and the next generation. We hope you enjoy your time outdoors with minimal impact to our land and wildlife.



- TRAIL RULES**
1. Remain on trails, boardwalks, and stepping stones to protect our habitat.
  2. Walk in groups of 12 or fewer. Run in groups of 6 or fewer.
  3. Do not litter. Pack it in, pack it out.
  4. Picking flowers and collecting specimens, rocks, or fossils is not allowed. Observe these treasures, and take only memories home with you.
  5. Pond exploration is allowed *only* at Matt's Pond with a Nature Center dipping net, available at the Rowe Visitor Center.
  6. Feeding waterfowl and other wildlife is prohibited. Fish and turtle feeding is allowed only at Powel Crosley Lake from April 1-October 31. Do not feed bread. Feed only pellets available for purchase (seasonally) at The Nature Shop.
  7. Children 14 and younger must be accompanied by an adult.
  8. Hammocking is only permitted at the Hammock Hangout posts found around the property. Hammocks are available for checkout at the Rowe Visitor Center.
  9. No fishing or hunting allowed.
  10. Weapons, including concealed firearms, are prohibited on our premises.
  11. Smoking, including e-cigarettes and all other smoking devices, is prohibited. Welcome to a smoke-free environment!

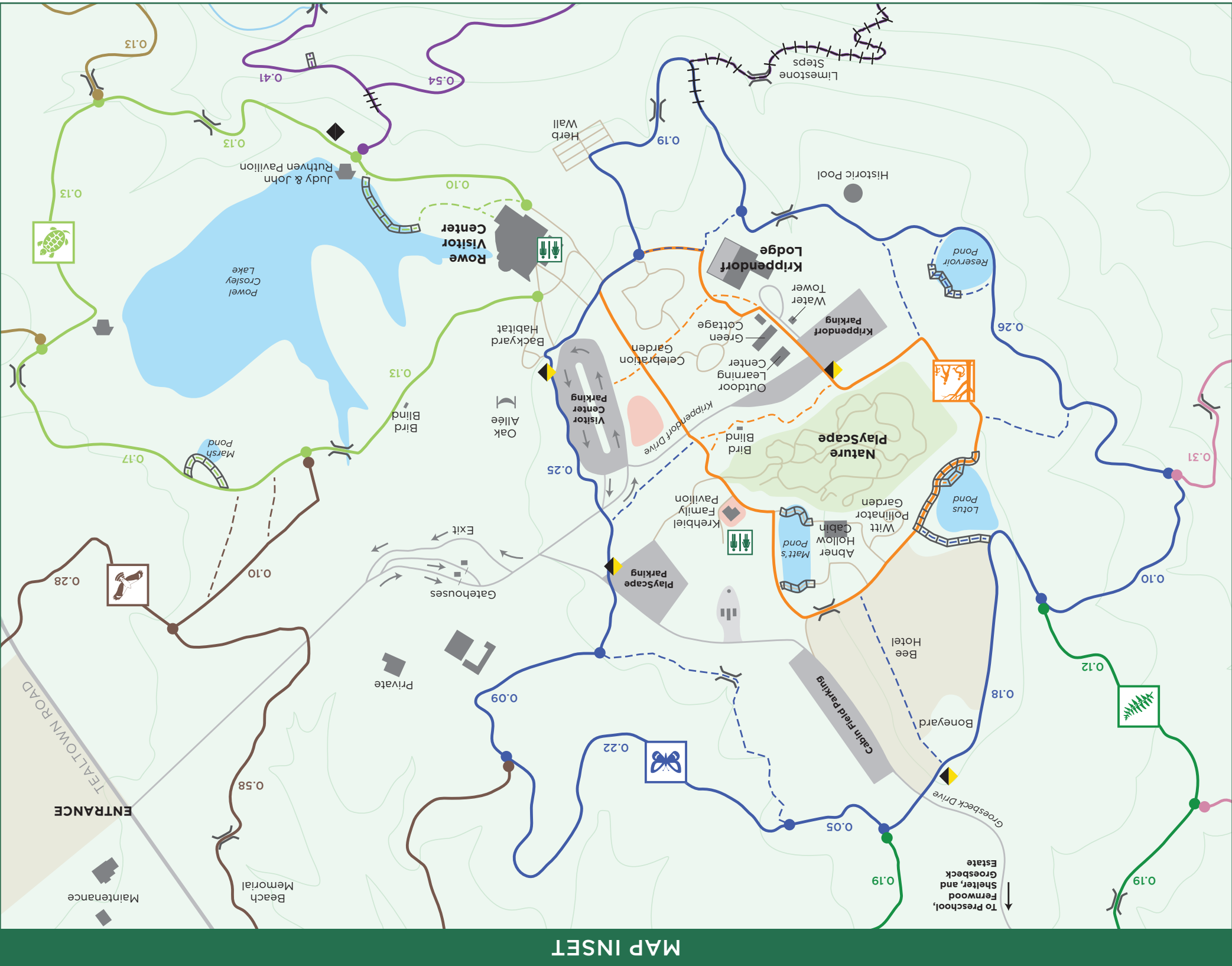


- DOG RULES**  
These rules are in place to keep our guests, wildlife, and pets safe.
1. We follow Ohio's leash law. Dogs must be **under control at all times**.
  2. Keep your dog on the path provided.
  3. Clean up after your dog AND carry the bag to the nearest garbage can.
  4. Dogs are not permitted inside buildings or in the Nature PlayScape.
- If you see a dog off-leash, out of control, or in distress, call Visitor Services at (513) 831-1711 or (513) 965-4245.**



**GROUND'S HOURS**  
Our hours change monthly. For your safety, you must exit the grounds at closing time. Visit [www.CincyNature.org](http://www.CincyNature.org) for current hours.

*Cincinnati Nature Center is a non-profit, member-supported organization committed to respecting our environment and one another. We reserve the right to apply penalties or revoke a membership if a person does not follow the rules we've put in place, and a refund will not be issued.*



- TRAIL RATINGS**
- Is < 1.25 miles in length
  - Is at least 3 feet in width
  - Has stream crossings with bridges
- A moderate trail:**
- Contains greater elevation changes
  - Is ≥ 1.5 miles in length
  - Varies in width and/or presents a stream crossing
  - Has abundant stepping stones
  - Has a natural surface and could be muddy or slippery when wet
- A difficult trail has at least one of the following characteristics:**
- Has significant elevation change
  - Is ≥ 2.5 miles in length
  - Presents a stream crossing with fewer stepping stones
  - Is comparatively remote to other trails
- TRAIL MARKERS**
- At trail intersections, you will find posts with color-coded trail symbols and directional arrows. Most trail markers are numbered on the back. If you are lost, go to the nearest trail marker and locate the number on the back. Call Visitor Services at (513) 831-1711 or (513) 965-4245, provide the number, and a staff person will orient you.
- Arrows**  
Show direction of the trail.
- Dashed Arrows**  
Show direction of an alternate, shorter route on the same trail.
- Parking Lot**  
Follow "P" symbols for the shortest route back to the main parking area.
- TRAIL AND WEATHER CONDITIONS**  
Check with Visitor Services staff for updated trail information. During inclement weather, some trails may close. Boardwalks, bridges, and steps become very slippery when wet. Please use caution as you hike.

# SAFETY

and wayfinding tips

**CONTACT US:** (513) 831-1711 • [www.CincyNature.org](http://www.CincyNature.org)

**Rowe Woods**  
4949 Tealtown Road  
Milford, OH 45150

**Long Branch Farm & Trails**  
6926 Gaynor Road  
Goshen, OH 45122  
(members only)





## TRAIL ELEVATIONS



Distance (Miles)	Elevation (Feet)
0	750
0.25	780
0.5	760
0.75	780
0.75	760



Distance (Miles)	Elevation (Feet)
0	750
0.2	775
0.4	725
0.6	750



Distance (Miles)	Elevation (Feet)
0	750
0.1	760
0.2	770
0.3	780
0.4	790
0.5	800
0.6	780
0.7	760
0.8	740
0.9	720
1.0	700
1.1	720
1.2	740
1.25	750



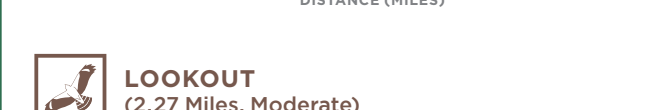
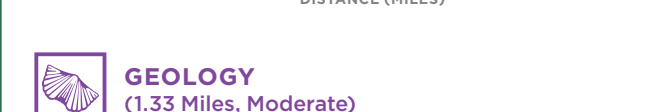
The line graph shows the elevation of a trail as a function of distance. The x-axis represents distance in miles, ranging from 0 to 3 with major grid lines every 0.5 miles. The y-axis represents elevation in feet, ranging from 500 to 800 with major grid lines every 100 feet. The trail starts at an elevation of 750 feet at 0 miles. It then fluctuates, reaching a local maximum of approximately 780 feet at 0.7 miles and a local minimum of approximately 710 feet at 0.5 miles. The trail ends at an elevation of 750 feet at 1.5 miles.

Distance (Miles)	Elevation (Feet)
0.0	750
0.1	720
0.2	740
0.3	730
0.4	710
0.5	710
0.6	740
0.7	780
0.8	760
0.9	740
1.0	750
1.1	760
1.2	750
1.3	750
1.4	750
1.5	750

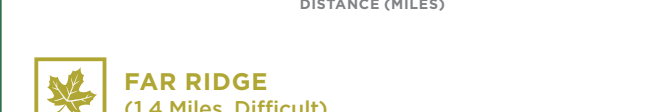


A line graph showing the elevation of a trail in feet as a function of distance in miles. The x-axis represents distance in miles, ranging from 0 to 3 with major grid lines every 0.5 miles. The y-axis represents elevation in feet, ranging from 500 to 800 with major grid lines every 100 feet. The graph shows a trail starting at 750 feet at 0 miles, dipping to a minimum of about 550 feet at 0.75 miles, and rising back to 750 feet at 1.25 miles.

Distance (Miles)	Elevation (Feet)
0.0	750
0.25	650
0.5	600
0.75	550
1.0	650
1.25	750



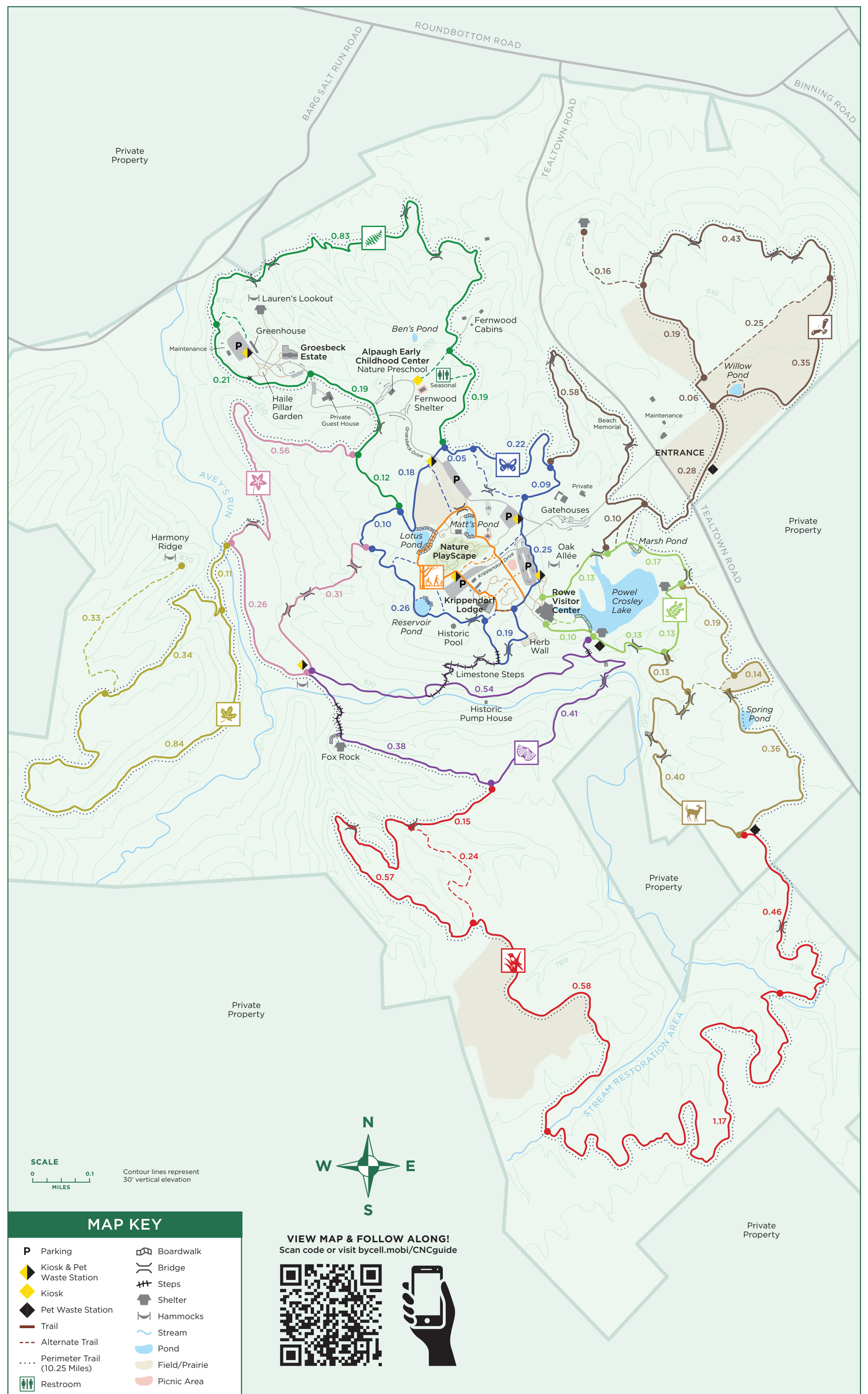
Distance (miles)	Elevation (feet)
0	800
0.5	700
1.0	750
1.5	800
2.0	650
2.5	750



















Graph of Elevation (feet) vs. Distance (miles) for the first 1.4 miles of the trail. The elevation starts at 500 feet at 0 miles, rises to a peak of approximately 750 feet at 0.9 miles, and ends at 580 feet at 1.4 miles.



Distance (Miles)	Elevation (Feet)
0.0	750
0.1	740
0.2	730
0.3	710
0.4	680
0.5	650
0.6	600
0.7	580
0.8	550
0.9	580
1.0	620
1.1	680
1.2	720
1.3	750
1.4	770
1.5	780



### MAP KEY

- |  |   |
|--|---|
| <b>P</b> Parking   |  Boardwalk     |
|  Kiosk & Pet Waste Station        |  Bridge        |
|  Kiosk                            |  Steps         |
|  Pet Waste Station                |  Shelter       |
|  Trail                            |  Hammocks      |
|  Alternate Trail                  |  Stream        |
|  Perimeter Trail<br>(10.25 Miles) |  Pond          |
|  Restroom                         |  Field/Prairie |
|  |  Picnic Area   |

**VIEW MAP & FOLLOW ALONG!**  
Scan code or visit [bycell.mobi/CNCguide](http://bycell.mobi/CNCguide)

