Going on a Bird Hike for Ages 2–5

Looking for birds outside is a good way to explore and pairing it with a rhyming song teaches children how language works and brings their attention to different happenings in the world around them.

**ITEMS YOU WILL NEED:**
An outdoor space

**OPTIONAL EXTRAS:**
A bird feeder to bring in more birds to watch

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We're going on a bird hike
To hear what we can hear
Can we find a bird calling “cheeseburger” near here?
(Carolina Chickadees sometimes sound like they're calling out “cheeseburger!”)

We're going on a bird hike
To hear what we can hear
Can we find a bird calling “tea kettle” near here?
(Carolina Wrens sometimes sound like they're calling out “tea kettle tea kettle”)

We’re going on a bird hike
To see what we can see
Can we find a little nest hiding in a tree?
(American Robin nest)

We’re going on a bird hike
To see what we can see
Can we find a bird that is red near me?
(Cardinal)

We’re going on a bird hike
To see what we can see
Share something cool that you find with me!
(like Blue Jay feathers!)

Try making up your own rhyme or adding to this one as you explore outside. Try it as a sing-and-repeat for added fun! Need help getting the tune? Check out our simple audio version of this rhyme to get you started.

The chant included in this activity was modified from a tune written by Emily Pickett, a past educator at Cincinnati Nature Center.

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**TO FURTHER EXTEND THIS ACTIVITY:**
Listen to a reading of Baby Bird’s First Nest or learn what birds you and your little one are hearing by learning about more common bird sounds mnemonics.